

Topic 4: Supporting Self-Esteem

TRAINING REFERENCES

Centre for Clinical Interventions through North Metropolitan Health Services in Western Australia; accessed via http://www.cci.health.wa.gov.au/resources/infopax.cfm?Info_ID=47

Stinking Thinking and Expectation Bias by Bernard J Luskin, Ed.D., Nov 16, 2013 in The Media Psychology Effect; accessed via <https://www.psychologytoday.com/blog/the-media-psychology-effect/201311/stinking-thinking-and-expectation-bias>

Twelve Ways to Build your Child's Self-Esteem by Yaakov Lieder for Chabad.org division of the Chabad-Lubavitch Media Center; accessed via http://www.chabad.org/library/article_cdo/aid/365614/jewish/12-Ways-to-Build-your-Childs-Self-Esteem.htm